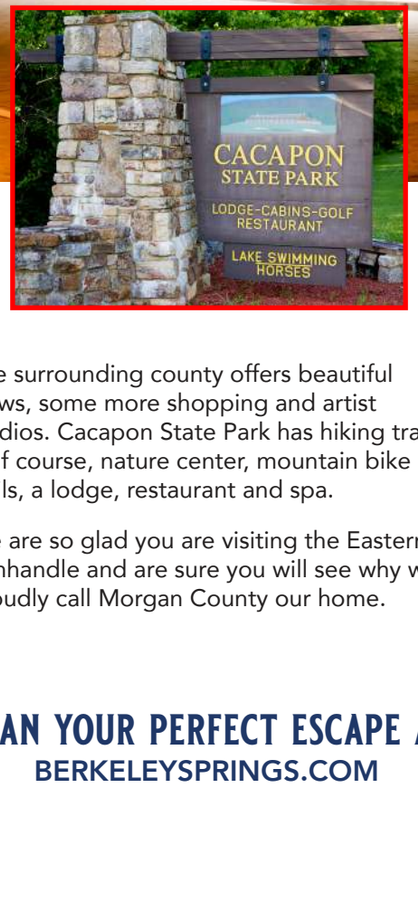

Berkeley Springs has been in the hospitality business for more than two and a half centuries — and it shows. As you walk with ease around this small mountain town, you will understand why everyone comments on the friendliness of the people.

A day in Berkeley Springs offers delicious meals, unique shops and local art. The famous warm springs is the centerpiece of town and is used by three spas offering soakings, massage and other services. Visit George Washington's bathtub and read all about the rich history of the area.

The surrounding county offers beautiful views, some more shopping and artist studios. Cacapon State Park has hiking trails, golf course, nature center, mountain bike trails, a lodge, restaurant and spa.

We are so glad you are visiting the Eastern Panhandle and are sure you will see why we proudly call Morgan County our home.

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EST. BERKELEY 1776 SPRINGS

EST. BERKELEY 1776 SPRINGS

SITE VISITS/TOURS

Showcasing Morgan County manufacturing, economic development, tourism, history, wellness, outdoor adventure, arts, and culture.

Sunday – November 13: 2:30 – 3:30 pm

2:30 – 3:00 – Berkeley Springs State Park

3:00 – 3:15 – Berkeley Springs Museum

3:15 – 3:30 – Morgan County Courthouse

Monday – November 14: 8 am – 11:30 am

8:00 – 9:00 – Gat Creek Furniture

9:15 – 9:45 – Berkeley Springs State Park

9:45 – 10:00 – Museum of Berkeley Springs

10:00 – 10:30 – Ice House

11:00 – 10:35 – BlackCat Music

10:35 – 11:00 – Train Depot

11:00 – 11:30 – Cacapon Mountain Brewery

Tuesday – November 15: 8 am – 11:30 am

8:00 – 9:00 – US Silica

9:00 – 9:30 – Berkeley Springs State Park

9:30 – 10:00 – Museum of Berkeley Springs

10:00 – 10:45 – Ice House

10:45 – 11:00 – BlackCat Music

11:00 – 11:30 – Star Theater

NIGHT CAPS

An opportunity to meet and greet with our legislators, staff members, and guests.

The Country Inn
Sunday, November 13, 2022 (8 pm – 11 pm)

Canary Grill
Monday, November 14, 2022 (8 pm – 11 pm)

Showcase of Morgan County Dinner at Cacapon Park
Tuesday, November 15, 2022 (5:30 pm – 7 pm)

Treetop Restaurant at Coolfont
Tuesday, November 15, 2022 (8 pm – 11 pm)

A TASTE OF BERKELEY SPRINGS

A sampling of everything Berkeley Springs has to offer.

Monday – November 14: 10 am – 4 pm

Berkeley Springs Salt Cave

- Open for regular salt therapy sessions and to shop their bath and body products, handmade soaps, candles, crystal gems, and crystal jewelry.
- Monday (11:00 am – 6:00 pm) Salt Cave reservations are encouraged. Call 304-258-0381/Sessions will run every hour on the hour.

Awakening Boutique and Health Coaching

- Cinnamon/Vanilla Cocoa Sips – Free
- Vanilla Cocoa Lip Butter (For Sale only $2)

Mineral Springs Trading

- Samples of our fabulous chocolate-dipped toffee.

Fairfax Coffee House

- Legislative Latte Specialty Drink

Beehive Lifestyle Center

- Free chair massages, samples of our healing foods, a tour of our lifestyle center and a display of some of our Beehive activities.

BlackCat Music

- Demonstrations from 2:30 pm – 4 pm
- Musicians will be available for interaction and some music will be offered.

Bricello's Grilled Formaggio Caterers

- The mobile food truck will be in downtown Berkeley Springs.

WELLNESS JOURNEY

A showcase of America's First Spa and wellness industry in Berkeley Springs with mini services at each business.

Tuesday – November 15: 10 am – 4 pm

Berkeley Springs Salt Cave

- Offering FREE, one half-hour adult salt therapy sessions, 11:30 am – 3 pm for the WV Legislature, staff, and guests. Walk-ins are welcome. They are located up behind Charlotte's Cafe.

Renaissance Spa

- Offering complimentary chair massages from 11 am – 3 pm. They will be offered at the spa.

Berkeley Springs State Park/Healing Waters Spa

- Offering 30-minute table or chair massages. If the guest chooses a table massage, a complimentary foot scrub treatment will be added. Offering 15-30 minute Reiki sessions and paraffin treatments.

FLOWPHASE Acupuncture & Grief Support

- Tamme Marggraf will be offering a brochure based on her 2014 Pathways Magazine article, which will share the healing history of Berkeley Springs. Along with the ancient natural laws of the Five Phases that her acupuncture philosophy is based on.

Awakening Boutique and Health Coaching

- Free Zyto scan with a coupon for 10% off any essential oil products in the store. Free BrainTap sessions and Free essential oil hand massage.

Atasia Spa

- A 45-min Massage or Facial. For those feeling chilled, their 5-person steam room will be available every half hour. Services will be provided until 3 pm. When making reservations, please indicate "Wellness Journey."

Morgan Arts Council – Ice House

- Hiroko Rubin is offering Yoga at the Ice House between 2 pm – 4 pm. Eddy Rubin will lead short guided meditation/deep relaxation sessions (with soothing guitar) inside the Ice House.

EVENT GUEST PROGRAM

A showcase of America's First Spa and our wellness industry.

Tuesday – November 15: 1 pm – 2:30 pm

The Morgan Arts Council Ice House (located at 138 Independence Street), will be hosting complimentary mini services to showcase the historic wellness industry in Berkeley Springs.

- Renaissance Spa 15-minute chair massages.
- Berkeley Springs State Park/ Healing Waters Spa chair massages and paraffin treatments.
- Berkeley Springs Salt Cave will have 45-minute sessions within their Himalayan Salt Micro Climate. Six chairs are available at a time. Transportation will be provided from Ice House to the Salt Cave.
- Hiroko Rubin will be offering short "Sampler" yoga sessions. Eddy Rubin will lead short guided meditation/deep relaxation sessions with guitar.
- Awakening BHC will be offering free BrainTap sessions and essential oil hand massages. They will also be offering free 15-minute Zyto health scans.
- Happy Calm Relaxation. Dixie Mullineaux, will be offering three 20-minute sessions. A combination of acupuncture, essential oils, and a light touch is used.
- Tamme Marggraf from FLOWPHASE Acupuncture will be offering a talk on Personality Types of Phase Five Acupuncture at 1 pm, 1:30 pm, and 2 pm.
- Berkeley Springs Healing Center's Pam Sander and Boobie Rohn will be offering mini Rainbow Energetics sessions.
- Dr. Leslie Hiles from Mountain State Chiropractic Center will speak about the benefits of optimal health through neurologically based chiropractic care.
- Atasia Spa will be offering sugar scrub services.
- Healing Springs Stroll – Peace Blossom Judge promotes the amazing and unique history of Berkeley Springs.
- Bricello's Grill Formaggio Caterers – mobile food truck will provide gourmet sandwiches.